



DE-CLUTTERING
calendar

JANUARY

1 Think about who you want to be this coming year	2 Set up a donation station	3 De-clutter the top of your cabinets and dust	4 De-clutter the top shelf of one of your cabinets	5 Go through your spices to discard expired and old ones	6 Put all your cans together on a can shelf	7 Go through your freezer to let go of old, freezer burned food
8 What 5 values do you want to explore this year?	9 De-clutter your nightstand drawer	10 Clear off the top of a nightstand	11 Clean out under the bed	12 Clear off one bedroom shelf	13 Throw out the junk in your junk drawer	14 Organize your junk drawer
15 Dance in your living room	16 Get rid of hair doodas you never wear	17 Toss expired skin care	18 Get rid of expired medications	19 Go through one bathroom drawer or shelf	20 Go through one bathroom drawer or shelf	21 Go through one bathroom drawer or shelf
22 Take a nap	23 Go through one storage shelf	24 Go through one storage shelf	25 Go through one storage shelf	26 Go through one storage shelf	27 Go through one storage pile	28 Go through one storage pile
29 When someone asks which restaurant you want to go to, be honest	30 De-clutter candles, like the one that has bent	31 Sort through pictures – any duplicates to give away, bad pictures				

FEBRUARY

			1 Only keep your good, sharp knives	2 Go through your plastic bag/foil area	3 Clean out one kitchen drawer	4 Empty your fridge and clean it
5 Spend 5 minutes at least in silence	6 Clear off left side of your dresser top	7 Clear off the center of your dresser top	8 Clear off the right side of your dresser top	9 De-clutter one bedroom shelf	10 De-clutter one bedroom shelf	11 De-clutter one bedroom shelf
12 Connect with someone you love	13 Put away or give away books on your desk	14 De-clutter left desk	15 De-clutter center desk	16 De-clutter right desk	17 Go through printer stand	18 Clear off any bulletin boards of old things
19 Call an older relative	20 Clear out one pile in a hallway	21 Clear out one pile in a hallway	22 Clear out one pile in a hallway	23 Take a good look at any artwork in the hallways – do you want to keep them?	24 Go through one pile in the storage area	25 Label boxes in the storage area
26 Get extra sleep today	27 Let go of hobby items from a hobby you have outgrown	28 Trim a collection	29 Recycle electronics you no longer use			

MARCH

				1 De-clutter your end table in the living room or family room	2 Get rid of pet toys that are no longer played with	3 Clean out your coffee table or another end table
4 What situation are you trying to control that you can let go of?	5 De-clutter your small utensils and kitchen tool drawer	6 Get a drawer organizer for the drawer if you don't have one and organize it	7 Empty out, clean and de-clutter utensil crock	8 Clean off one kitchen shelf	9 Clean, organize and de-clutter the microwave area	10 Clear off left kitchen counter and only put back daily items
11 Take a walk in nature	12 De-clutter your belts	13 Organize your belts	14 De-clutter your purses, wallets and handbags	15 Store out of season clothes	16 De-clutter clothes that don't fit or belong on "What Not To Wear"	17 De-clutter clothes you don't like
18 Go on a spending fast for a week	19 Clear out under the bathroom sink	20 De-clutter bathroom knick knacks and things on the wall	21 Get rid of multiples of hair dryers and curlers	22 De-clutter the shower or bath area	23 Spend 15 min de-cluttering another bathroom or room	24 Spend 15 min de-cluttering another bathroom or room
25 Enjoy looking at art	26 Get rid of cleaners you don't use	27 Any mops, dusters, Brooms, brushes that need to be replaced or have already been replaced?	28 Update your car first aid kit	29 Return items you have borrowed to friends, family, the library	30 Do a quick pick up of clutter areas you have already de-cluttered	31 Repair/mend items you intend to keep

APRIL

1 Plan a menu of fresh food for this week	2 De-clutter living room or family room knick knacks. Store some if you still like them.	3 Set a limit on blankets and pillows on beds and couches	4 De-clutter your newspapers – if they fit put them in a basket that slides under the couch	5 Go through magazines over two months old	6 Go through one cubby in the entertainment center	7 Go through one cubby in the entertainment center
8 Take time to play with one of your hobbies or passions	9 Do all your pot lids go to a pot you still have?	10 Spend a few minutes going through the pantry area	11 Toss old packets of seasoning, etc. in the kitchen	12 De-clutter extra measuring spoons and cups	13 De-clutter cookbooks, copying any recipes you still want to keep	14 Clear off the right kitchen counter, only putting back daily items
15 Do some deep breathing	16 Discard old makeup	17 Turn ratty towels into rags	18 Sort one container in the linen closet	19 Toss old lotions and beauty supplies	20 Say 'Bye Bye' to never used guest soaps	21 Give away travel toiletries you will haven't used
22 Where can you be more authentic?	23 Sort through one paper pile	24 Go through small toys or a craft supply pile	25 De-clutter one laundry room shelf	26 De-clutter one laundry room shelf	27 Give away games you and your family no longer play	28 Go through wrapping paper and ribbon
29 Plan a family or friend game night	30 Go through small toys or a craft supply pile					

MAY

<h1>MAY</h1>						
		1 Go through one cubby in the entertainment center	2 Go through one cubby in the entertainment center	3 Go through one cubby in the entertainment center	4 Give away movies you no longer watch	5 Sell your old CDs at a local CD re-seller
6 Make a decision you have been putting off	7 Create rags from old kitchen towels and pot holders	8 If you don't have room for all your glasses, give	9 Get rid of broken, chipped plates and bowls	10 Do you have plastic silverware you never use?	11 Gather up those free plastic cups you don't use	12 Clean and de-clutter under the kitchen sink
13 How can you show love to someone today?	14 Set up or go through your action file	15 Get rid of stationary and cards you don't like	16 Use envelopes that don't have cards for scratch paper	17 Discard pens that don't write	18 Go through binders to see if you still need	19 Label areas in your office
20 Create a gratitude list	21 Clear off one bathroom shelf or drawer	22 Clear off one bathroom shelf or drawer	23 Clear off one bathroom shelf or drawer	24 Throw out old tooth care items	25 Get rid of dried up old nail polishes	26 De-clutter foot massagers, back scratchers, heating things if you don't use
27 Play in someone's garden	28 Go through the play room or hobby room for 15 min	29 Sort through one paper pile	30 Go through 5 file folders	31 Go through five file folders		

JUNE

<h1>JUNE</h1>						
					1 How does your front entrance look?	2 Put out of season coats into storage
3 What petty issue has been dominating lately?	4 Go through the baking supplies	5 Organize baking supplies	6 Bring cookie cutters to storage if you rarely use them	7 Store the yogurt maker, bread maker, etc. if you use them only a few times a year	8 Let go of any kitchen gadget you never use	9 De-clutter the kitchen island or shelves
10 Listen to one song without doing anything else	11 De-clutter one bedroom closet shelf	12 De-clutter one bedroom closet shelf	13 De-clutter one bedroom closet shelf	14 Clear off the closet floor	15 Have you gone through all your clothes now?	16 Straighten up anything left in your bedroom closet
17 See change as positive	18 Go through 2 book shelves	19 Go through 2 book shelves	20 Go through 2 book shelves	21 Go through 2 book shelves	22 Go through 2 book shelves	23 Go through a book pile and return any library books
24 Write a handwritten note to someone	25 Turn old beach towels into rags or picnic sheets	26 Sort through one paper pile	27 Go through your in box	28 File your to file papers	29 Watch what you bring into the house	30 Go through the play room or hobby room for 15 min

JULY

1 Relax with some magazines	2 Keep only the past two month's magazines (tear out articles you want)	3 Corral the remotes	4 Is your living room inviting?	5 Clear out one corner	6 Empty off a chair	7 Take an hour to de-clutter your messiest room
8 Enjoy a novel	9 Work on one pantry shelf	10 Work on one pantry shelf	11 Work on one pantry shelf	12 De-clutter baking pans and store rarely used ones	13 De-clutter cleaning supplies	14 Go through drawer in stove, next to stove or shelf above stove
15 Get a pedicure or give yourself a pedicure	16 De-clutter the floor of your bedroom closet	17 Go through transportation toys or hobby supplies	18 Create rags out of old sheets	19 Only keep your favorite shoes	20 Organize and de-clutter your jewelry box	21 Take care of one pile in one bedroom
22 How can you overcome an obstacle this week?	23 Clear out your paper in box	24 Make sure you know where important docs like birth certificates and car titles are	25 Spend 15 min in craft room or other messy room	26 Go through your office supplies	27 Do you have any unused instruments you can donate?	28 Go through the play room or hobby room for 15 min
29 Ask for help	30 De-clutter your email inbox	31 Finish de-cluttering your email inbox				

AUGUST

<h1>AUGUST</h1>						
			1 Register to opt out of junk mail	2 Switch to paperless billing for as many bills as you can	3 Download software instead of getting CDs	4 Let go of your answering machine if you don't use it
5 Take a tea break	6 Prepare your packing lunch area, tossing what you no longer need	7 Do you have more plastic bags than you have room for?	8 Go through your plastic and glassware cabinet	9 De-clutter one kitchen cupboard	10 De-clutter one kitchen cupboard	11 De-clutter one kitchen cupboard
12 List 10 ways to solve a current problem	13 Sort through two bedroom drawers	14 Sort through two bedroom drawers	15 Sort through two bedroom drawers	16 Sort through two bedroom drawers	17 Sort through two bedroom drawers	18 Sort through two bedroom drawers
19 Develop a relaxing before bed ritual	20 Discard broken school supplies/ equipment/ backpacks/desk supplies	21 Go through one pile in the entryway	22 Clean out trash and clutter from your car	23 Spend 15 minutes sorting paper piles	24 Go through two desk cubbies or drawers	25 Go through two desk cubbies or drawers
26 Give yourself credit for what you accomplished last week	27 Containerize and De-clutter sports equipment	28 Look through your garden storage to see what you don't need	29 Which backyard toys didn't get played with?	30 Gather art supplies into a bucket or container, de-cluttering along the way	31 Go through the play room or hobby room for 15 min	

SEPTEMBER

<h1>SEPTEMBER</h1>						
						1 Finish up any kitchen cupboards that still need de-cluttering
2 Make your own soup	3 Clean out the produce drawer in fridge	4 Clean out the side drawers of the fridge	5 Go through the meat and cheese drawer	6 Throw out uneaten leftovers	7 De-clutter and organize the homework	8 Clear out the mud room or family entrance
9 Take a country walk or drive	10 De-clutter never worn scarves	11 Organize remaining scarves	12 De-clutter one closet shelf	13 De-clutter one closet shelf	14 De-clutter one closet shelf	15 De-clutter one closet shelf
16 Go horseback riding or visit and animal shelter	17 Do you use all of your computer CDs?	18 Go through one paper pile	19 Clear off two office shelves	20 De-clutter the top of a file cabinet	21 Go through 5 file folders	22 Go through five file folders
23 Watch the moon tonight	24 Take 5 things off your upcoming to do list	25 Go through the play room or hobby room for 15 min	26 Clear off old items from bulletin boards	27 Clear off a book shelf	28 Clear off a book shelf	29 Go through fall decorations as you decorate
30 Print out your favorite quotes and post them						

OCTOBER

	1 Clean out one freezer shelf or area	2 Clean out one freezer shelf or area	3 Clean out one freezer shelf or area	4 Clean out freezer side shelves	5 Clean any remaining parts of the freezer	6 De-clutter and wash the rest of your fridge
7 Enjoy a local festival	8 Clean off the area around your TV if you have one in your bedroom	9 Clear off the left of one dresser	10 Clear off the right of a dresser	11 De-clutter under the guest bedroom bed or kids' bed	12 Go through the kids' or guest bedroom closet	13 Go through the kids' or guest bedroom closet
14 Put a self care kit in your office – lotion, nail file, foot massager, Office yoga book	15 File any stray papers	16 Put away your things to go to the basement/attic/ garage pile	17 Sort one office pile	18 Go through one rolling rack	19 Sort your pile of electronic assessor paraphernalia	20 De-clutter your reference files – easier if you are in front of TV or with music
21 Enjoy a glass of cider	22 Go through the play room or hobby room for 15 min	23 File your to file papers	24 De-clutter broken tools and duplicates	25 De-clutter your gardening/lands cape area	26 Go through sports equipment	27 Add shelving, pegboards, etc. to organize garage
28 Turn off all technology for 24 hours	29 Go through your vases and pots	30 Let go of outgrown bikes, big wheels, skateboards	31 Contact your local phone book publisher and opt out of phone book delivery			

NOVEMBER

				1 How is your pantry looking?	2 See if the library has the book you want before buying it	3 Read newspapers and magazines online or through a downloadable app instead of paper
4 Do everything slower today	5 Empty, wash and de-clutter one china cabinet shelf	6 Empty, wash and de-clutter one china cabinet shelf	7 Empty, wash and de-clutter one china cabinet shelf	8 Empty, wash and de-clutter one china cabinet shelf	9 De-clutter dining room knick knacks. Which do you really love?	10 Take care of the paper pile on the dining room table
11 Savor a bit of dark chocolate or another indulgent treat	12 Go through one pile in the guest bedroom or kid's bedroom	13 Go through one pile in the guest bedroom or kid's bedroom	14 Go through one pile in the guest bedroom or kid's bedroom	15 Clear off one desk in the house	16 Give away outgrown clothes	17 Get the guest bathroom or kid's room in tip top shape
18 How can you be a better model for the people around you?	19 Go through the magazine rack in the bathroom or wherever it is	20 Take care of one small pile in a bedroom	21 Go through one basket in a bedroom	22 Use re-usable shopping bags so you get less paper ones	23 De-clutter a teen's room	24 How are your kitchen cupboards looking?
25 Give yourself a scalp massage as you shampoo	26 Is the bathroom still De-cluttered?	27 De-clutter under your bed again	28 Find a place for anything that doesn't have a home	29 Let go of craft projects you have lost interest in	30 Do your gadgets need a clean?	

DECEMBER

						1 Take a de-clutter break to do some deep cleaning
2 Have a home spa day	3 Does your living room look inviting?	4 Go through Christmas decorations as you decorate	5 Somewhere in your home keep an empty shelf	6 De-clutter some area that is bugging you for 15 minutes	7 Clear out a drawer that still needs de-cluttering	8 Take an hour to purge your home in anticipation of the holiday
9 Compliment someone	10 Clear off the dining room table	11 Go through tablecloths and linens	12 Think before buying more clutter	13 Put 5 things where they belong or de-clutter 5 things	14 Go through a shelf that still needs de-cluttering	15 Set up a memento box for your kids or yourself
16 Cuddle in a blanket	17 How is your clothes closet looking?	18 Do you have any underwear that needs to go?	19 De-clutter anything in your bedroom that is breaking your peace	20 Pack up any clothes you no longer want for charity	21 Bring to the animal shelter food or blankets that your pet doesn't use or like	22 Bring de-cluttered items to goodwill or charity of your choice
23 Journal	24 Go through the play or hobby room for 15 min	25 Clear off your kitchen counters after your holiday meal	26 Have kids give away toys if they have an abundance after Christmas	27 You can also do toy rotation, storing some so not all the toys are out at once	28 Organize the kids toys on shelves or in bins	29 Go through your home – any spots still cluttered?
30 Reward yourself for how much you have de-cluttered	31 Admire your De-cluttered your home					